

Mohd Amirul Kasyful Nur bin Zulkifli

From: Awang Had Salleh Graduate School
Sent: 23 Mac 2017 15:14
To: UUM - All Staff
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Subject: RIADAH MELALUI SUKAN BADMINTON DAN KECERGASAN



Awang Had Salleh
Graduate School
of Arts And Sciences
Empowering Mind for a Better Tomorrow
Universiti Utara Malaysia



السلام عليكم ورحمة الله وبركاته

23 JANUARI 2017 / 24 RABIULAKHIR 1438H

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AHSGS ONLINE: 23 Mac 2017, Awang Had Salleh Graduate School of Arts and Sciences (AHSGS) telah mengadakan aktiviti kecergasan dan badminton di Pusat Sukan, Universiti Utara Malaysia. Aktiviti bulanan ini diadakan bagi menggalakkan gaya hidup sihat serta meningkatkan imuniti badan agar semua staf sihat dan dapat menjalankan tugas seharian dengan baik.

Dekan Awang Had Salleh Graduate School of Arts and Sciences, Prof. Dr. Norshuhada Shiratuddin turut serta dalam aktiviti sukan ini dan beliau mengucapkan terima kasih kepada semua yang hadir bagi memeriahkan aktiviti kali ini.

Turut hadir adalah Dr. Azizi Ab Aziz, Timbalan Dekan AHSGS.

Tamat.

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DARIPADA:

Unit Kualiti dan Akreditasi
Awang Had Salleh Graduate School
Universiti Utara Malaysia
06010 UUM Sintok
MALAYSIA
Tel: 04-928 5268/5252



Universiti Utara Malaysia Official Website <http://www.uum.edu.my>

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