

From: Hal Ehwal Pelajar
Sent: Selasa, 26 Januari 2021 9:53 pg
To: UUM - All Staff; UUM - All Students
Subject: HEBAHAN HEP : THE RESILIENT MIND "STABILIZE EMOTIONALLY AND MENTALLY TO ACHIEVE BETTER SUCCESS"



HEP ONLINE :

السلام عليكم وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Y.Brs. Prof/Dr./Tuan/Puan

Assalamualaikum w.b.t dan salam sejahtera

HEBAHAN HEP : THE RESILIENT MIND "STABILIZE EMOTIONALLY AND MENTALLY TO ACHIEVE BETTER SUCCESS".

Assalamualaikum, salam sejahtera dan salam biru warna

THE RESILIENT MIND "STABILIZE EMOTIONALLY AND MENTALLY TO ACHIEVE BETTER SUCCESS"

Program ini dijalankan bertujuan memberi pendedahan kepada pelajar mengenai kepentingan memastikan kecerdasan mental dan kestabilan emosi dalam pembentukan modal insan berjiwa kelas pertama.

Tarikh: 26 Januari 2021 (Selasa)

Masa: 9.00 hingga 10.30 malam

Medium: FB live (Page Inapan Siswa TaG - Tm dan Grantt)

**PENYERTAAN ADALAH PERCUMA
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Untuk penyertaan, sila tekan link di bawah :

<https://forms.gle/a1d8mw5biTJJBMo8>

-Sebarang pertanyaan berkaitan program, boleh rujuk :

Ain (01124314173)

Yaya (0182808186)

Terima kasih.

LEARNING HUB :
PSYCHOLOGY
DEVELOPMENT

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ASHEEF BARKHIA
PEGAWAI HAL EHWAH ISLAM
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KAMPUS KESIHATAN

THE RESILIENT MIND
*"Stabilize emotionally and mentally
to achieve better success"*

f
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STREAM**

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9 PM - 10.30 PM
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