

From: Hal Ehwal Pelajar
Sent: 25 Julai 2021 12:44
To: UUM - All Staff; UUM - All Students
Subject: HEBAHAN HEPA : VIRTUAL SUPPORT GROUPS (VSG) COUNSELLING CENTRE.



25 JULAI 2021 | 15 ZULHIJAH 1442H

HEP ONLINE :

السلام عليكم وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Y.Brs. Prof/Dr./Tuan/Puan

Assalamualaikum w.b.t dan salam sejahtera

VIRTUAL SUPPORT GROUPS (VSG) COUNSELLING CENTRE.

Pusat Kaunseling, Jabatan Hal Ehwal Pelajar, Universiti Utara Malaysia menawarkan **VIRTUAL SUPPORT GROUPS (VSG)**

yang diadakan pada hari **SELASA SETIAP MINGGU** khusus bagi membantu golongan pelajar/staf UUM yang mengalami

kecelaruan psikologi kesan pandemik Covid-19, serta apa sahaja isu sama ada akademik, kewangan, kerjaya dan sebagainya.

Topik Virtual Support Group pada minggu ini adalah **“COVID-19 & STIGMA”** iaitu satu topik yang berkisar mengenai

stigma masyarakat kepada individu yang pernah dijangkiti Covid-19 serta bagaimana cara kita mengubah stigma tersebut

dengan memberi sokongan yang positif kepada masyarakat. VSG adalah kelompok sokongan dan terbuka kepada semua

staf dan pelajar yang memerlukan bimbingan atau ingin berkongsi tentang pengalaman masing-masing. VSG boleh disertai

melalui platform Cisco Webex Meeting dengan cara mengimbas QR Code pada poster atau klik pautan berikut:

<https://bit.ly/3yYGtWm>

Meeting number: 158 865 7632

Password: VSG2021

PBU dan Merit disediakan.

Untuk pertanyaan, boleh hubungi **Puan Faezah** Nayan di link berikut:

<http://www.wasap.my/60194288666>



UUM
Universiti Utara Malaysia

VIRTUAL SUPPORT GROUP

TUESDAY | 27th JULY 2021
3.00 PM - 4.00 PM

Topic for this week !!

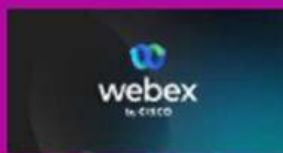
**COVID-19 &
STIGMA**



Facilitator
Mohd Khairone Md Khatidin

PBU & MERIT WILL BE PROVIDED
For further enquiries, do contact
Faezah Nayan at 019-4288666

Organised by:
UUM Counselling Centre



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