

**ATURCARA KURSUS
ASAS KESELAMATAN KEBAKARAN AWAM 2017**

PADA 19 MAC HINGGA 24 MAC 2017

**AKADEMIK BOMBA & PENYELAMAT MALAYSIA
KUALA KUBU BHARU SELANGOR**

AHAD – 19 Mac 2017

02.00p.m – 06.00p.m	Pendaftaran Kursus	Pakaian yang bersesuaian
06.30p.m – 07.30p.m	Makan Malam/Solat Maghrib	

ISNIN – 20 Mac 2017

08.00a.m – 08.30a.m	Sarapan	Pakaian yang bersesuaian
08.30a.m – 09.00a.m	Taklimat Kursus	Pakaian-Smart Casual, Berkasut
09.00AM – 10.30AM	Pengenalan Organisasi JBP.M	
10.30AM – 11.00AM	Minum Pagi	
11.00AM – 12.30P.M	Kimia Kebakaran	
12.30P.M – 2.00P.M	Makan Tengahari/ Solat Zohor	Pakaian bersesuaian.
02.00P.M – 04.30P.M	Kawad Kebommbaan Kering Individu	Pakaian-T-shirt, Track Suit, Berkasut
04.30P.M – 05.30P.M	Minum Petang/ Solat Asar	
05.30P.M – 06.30P.M	Sukan/ Riadah	
06.30P.M – 08.00P.M	Makan Malam/ Solat Maghrib	Pakaian-Smart Casual, Berkasut
08.00P.M – 10.30P.M	Simulasi (Ba Galeri)	

SELASA – 21 Mac 2017

07.00AM – 08.00AM	Jasmani	Pakaian-T-shirt, Seluar Track Suit, Berkasut
08.00AM – 08.30AM	Sarapan	
09.00AM – 10.30AM	Pengawasan Kebakaran	
10.30AM – 11.00AM	Minum Pagi	
11.00AM – 12.30P.M	Good Housekeeping	
12.30P.M – 02.00P.M	Makan Tengahari/ Solat Zohor	Pakaian bersesuaian
02.00P.M – 04.00P.M	Asas Menyelamat (Sar)	Pakaian-T-shirt, Seluar Track Suit, Berkasut
04.00P.M – 05.00P.M	Minum Petang/ Solat Asar	
05.00P.M – 07.30P.M	Kawad Kebommbaan Kering Berpasukan Dan Simulasi Pemadaman	
07.30P.M – 08.30P.M	Makan Malam/ Solat Maghrib	Pakaian bersesuaian

RABU – 22 Mac 2017

07.00AM – 08.00AM	Jasmani	Pakaian-T-shirt, Seluar Track Suit, Berkasut
08.00AM – 08.30AM	Sarapan	
09.00AM – 10.30AM	Sistem Pasif	
10.30AM – 11.00AM	Minum Pagi	
11.00AM – 12.30P.M	Sistem Aktif	
12.30P.M – 02.00P.M	Makan Tengahari/ Solat Zohor	Pakaian bersesuaian.
02.00P.M – 04.30P.M	Lawatan Tapak Sistem	Pakaian-Smart Casual, Berkasut
04.30P.M – 05.00P.M	Minum Petang/ Solat Asar	
05.30P.M – 06.30P.M	Sukan	Pakaian bersesuaian.
06.30P.M – 07.30P.M	Makan Malam/ Solat Maghrib	

KHAMIS – 23 Mac 2017

07.00AM – 08.00AM	Jasmani	Pakaian-T-shirt, Seluar Track Suit, Berkasut
08.00AM – 08.30AM	Sarapan	
09.00AM – 10.30AM	Pengungsian Bangunan (Teori)	
10.30AM – 11.00AM	Minum Pagi	
11.00AM – 12.30P.M	Pengungsian Bangunan (Praktikal)	
12.30P.M – 02.00P.M	Makan Tengahari/Solat Zohor	Pakaian bersesuaian.
02.00P.M – 04.30P.M	Media Pemadaman (Apa) Teori & Praktikal	Pakaian-T-shirt, Seluar Track Suit, Berkasut
04.30P.M – 05.00P.M	Minum Petang/Solat Asar	
05.30P.M – 05.30P.M	Sukan/Riadah	Pakaian bersesuaian
06.30P.M – 07.30P.M	Makan Malam/ Solat Maghrib/Tahlil	

JUMAAT – 24 Mac 2017

07.00AM – 08.00AM	Jasmani	Pakaian-T-shirt, Seluar Track Suit, Berkasut
08.00AM – 08.30AM	Sarapan	
09.00AM – 10.30AM	Ujian/ Penilaian Kursus	
10.30AM – 11.00AM	Minum Pagi	
11.00AM – 12.15P.M	Penutupan Kursus	Pakaian-Smart Casual, Berkasut
12.15P.M - 01.15P.M	Makan Tengahari	
	Bersurai	