

From: Hal Ehwal Pelajar
Sent: 05 Julai 2021 14:55
To: UUM - All Staff; UUM - All Students
Subject: HEBAHAN HEPA : VIRTUAL SUPPORT GROUPS (VSG), PUSAT KAUNSELING



5 JULAI 2021 | 24 ZULKAEDAH 1442H

HEP ONLINE :

السلام عليكم وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Y.Brs. Prof/Dr./Tuan/Puan

Assalamualaikum w.b.t dan salam sejahtera

VIRTUAL SUPPORT GROUPS (VSG), PUSAT KAUNSELING

Pusat Kaunseling, Jabatan Hal Ehwal Pelajar, Universiti Utara Malaysia menawarkan **VIRTUAL SUPPORT GROUPS (VSG)** yang diadakan pada hari **SELASA SETIAP MINGGU** khusus bagi membantu golongan pelajar/ staf UUM yang mengalami kecelaruan psikologi kesan pandemik Covid-19, serta apa sahaja isu sama ada akademik, kewangan, kerjaya dan sebagainya. Topik Virtual Support Group pada minggu ini adalah **“COVID-19 & STIGMA”** iaitu satu topik yang berkisar mengenai stigma masyarakat kepada individu yang pernah dijangkiti Covid-19 serta bagaimana cara kita mengubah stigma tersebut dengan memberi sokongan yang positif kepada masyarakat. VSG adalah kelompok sokongan dan terbuka kepada semua staf dan pelajar yang memerlukan bimbingan atau ingin berkongsi tentang pengalaman masing-masing. VSG boleh disertai melalui platform Cisco Webex Meeting dengan cara mengimbas QR Code pada poster atau klik pautan berikut:

<https://bit.ly/3yYGtWm>

Meeting number: **158 865 7632**

Password: **VSG2021**

PBU dan Merit disediakan

Untuk pertanyaan, boleh hubungi Puan Faezah Nayan di link berikut:

<http://www.wasap.my/60194288666>



UUM
Universiti Utara Malaysia

Do you need someone to share or to talk to? We are offering

VIRTUAL SUPPORT GROUPS



TOPIC: COVID-19 & STIGMA FACILITATOR : MOHD KHAIRONE MD KHATIDIN

06th JULY 2021 | Tuesday | 3.00 pm - 4.00 pm



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With: www.QrCodeMyWay.com

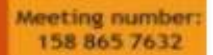


Any enquiries, do contact Faezah Nayan at
019-4288 666 / faezah@uum.edu.my





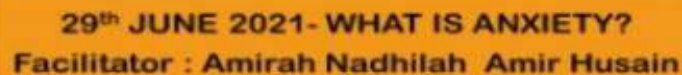
EVERY TUESDAY | 3.00 - 4.00 PM
Organized by: UUM Counselling Centre



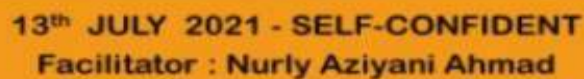
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 VSG2021



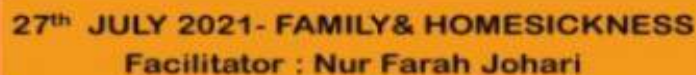
Facilitator: Haizum Nadhirah Md. Yusuff



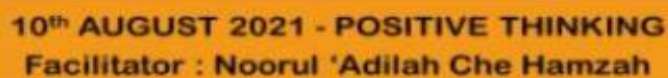
Facilitator : Mohd. Khairone Md Khatidin



Facilitator :Safinas Hanoum Omar Anwar



Facilitator : Mohd. Khairone Md Khatidin



Facilitator : Asma Mat





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