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From: Awang Had Salleh Graduate School
Sent: 26 Januari 2017 15:32
To: UUM - All Staff
Cc: Prof. Dr. Norshuhada Bt Shiratuddin
Subject: SENAMROBIK AHSGS, UUM CAS



Awang Had Salleh
Graduate School
of Arts And Sciences
Empowering Knowledge - Inspiring Leaders - Transforming Lives
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26 JANUARI 2017 / 27 RABIULAKHIR 1438H

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AHSGS ONLINE: 26 Januari 2017, Awang Had Salleh Graduate School of Arts and Sciences (AHSGS) telah mengadakan Senamrobik di foyer Dewan Muadzam Shah, Universiti Utara Malaysia. Senamrobik ini adalah aktiviti bulanan yang diadakan bagi menggalakkan gaya hidup sihat serta meningkatkan tahap kecergasan fizikal dalam kalangan staf AHSGS. Senamrobik ini dikendalikan oleh jurulatih bertauliah dari Kementerian Belia dan Sukan iaitu Puan Nora'fidah Kamaruzzaman (Kak Ogy).

Seluruh warga Awang Had Salleh Graduate School of Arts and Sciences mengucapkan terima kasih kepada semua yang hadir bagi memeriahkan aktiviti kali ini.

Turut hadir adalah Dr. Massudi Mahmuddin, Dekan Pembangunan Pelajar dan Alumni, UUM CAS, Dr. Azizi Ab Aziz, Timbalan Dekan AHSGS dan staf dari pelbagai jabatan.

Tamat.

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