

From: UUM CORPORATE COMM.
Sent: Khamis, 25 Mac 2021 2:37 ptg
To: UUM - All Staff; UUM - All Students
Subject: BELAJAR ATAS TALIAN, KEKAL KAWAL PERASAAN



UUM Corporate Comm.
Universiti Utara Malaysia

25 MAC 2021 / 11 SYAABAN 1442H
=====

"UUM : UNIVERSITI PENGURUSAN TERKEMUKA"
(THE EMINENT MANAGEMENT UNIVERSITY)



UUM ONLINE: Pembudayaan norma baharu Pengajaran dan Pembelajaran (PdP) di Institusi Pengajian Tinggi (IPT) yang diadakan secara dalam talian menimbulkan jurang dan ketidakseimbangan khususnya kepada pelajar di kawasan luar bandar. Keadaan ini secara tidak langsung memberi kesan kepada kesihatan mental.

Ingin mengetahui cara-cara mengawal tekanan dalam menghadapi norma baharu ini? Jangan lupa saksikan SELECT Talk - Belajar Atas Talian, Kekal Kawal Perasaan seperti butiran berikut:

Tarikh : 28 Mac 2021 (Ahad)

Jam : 10:00 pagi
Platform : FB Live (UUM SELECT) <https://m.facebook.com/SELECTUUM/>
Anjuran : Pusat Kecemerlangan dan Kepimpinan Pelajar (UUM SELECT), Jabatan Hal Ehwal Pelajar, UUM.

Merit dan Mata PBU disediakan.



 Please consider the environment before printing this e-mail



Universiti Utara Malaysia Official Website <http://www.uum.edu.my>

Disclaimer: This e-mail (including any attachments) may contain confidential information. If you are not the intended recipient, you are hereby notified that any review, distribution, printing, copying or use of this e-mail is strictly prohibited. If you have received this e-mail in error, please notify the sender or Universiti Utara Malaysia (UUM) immediately and delete the original message. Opinions, conclusions and other information in this e-mail that do not relate to the official business of UUM and/or its group of companies shall be understood as neither given nor endorsed by UUM and UUM accepts no responsibility for the same. All liability arising from or in connection with computer viruses and/or corrupted e-mails is excluded to the fullest extent permitted by law.